

## **Community Exchange Approved Activities List**

*\*Please note during the Covid-19 pandemic we are not allowing any exchanges to take place inside individual's homes. We will do our best to ensure that any offers and requests listed fall in line with the government guidance at the time of posting but please be aware this is changing regularly. It is advised that you check the government guidance on the latest Covid rules and restrictions before carrying out an exchange. If you are unsure or have any questions please contact us at the Community Exchange\**

### **Community Exchange Approved Activities List**

The insurance provided by the Public and Products Liability section covers the following agreed and approved activities:

- Gardening
- Interior home decoration (Basic) such as painting, wall papering and grouting
- DIY (Basic) such as changing light bulbs, construction of furniture and putting up shelves
- Teaching support such as IT, Maths, Language and Music
- Escorting people to appointments
- Errand running
- Housework such as washing, ironing and cleaning
- Shopping
- Cooking
- Dog walking
- Leafletting
- Litter picking
- Form filling, letter writing and general office administration
- Assisting at third party coordinated events
- Knitting/Hand sewing
- Arts and crafts
- Translation support
- Bicycle maintenance
- Budgeting and book keeping support
- Coffee mornings

### **Activities that we are unable to carry out on the Community Exchange**

- Any activities that involved direct interaction with children or childcare services
- Activities that would normally be provided by a health or social care services
- Activities that require the handling or exchanging of money.